

Health and Safety in 4 Steps Certificate

Instructions:

1. Open **Mozilla Firefox** and type “Health and Safety in 4 Steps”
2. Look for the following website (notice it ends in “foursteps.php”)

[Worker Health and Safety Awareness in 4 Steps | Ministry of Labour](#)

<https://www.labour.gov.on.ca/english/hs/elearn/worker/foursteps.php>

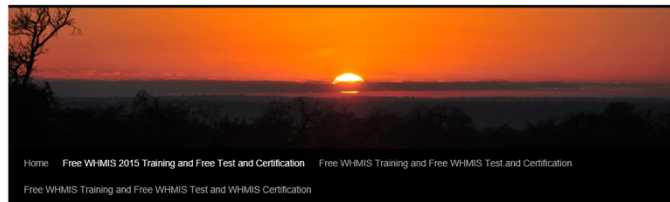
3. Click on “Start” and follow the instructions. Be sure to read the information and watch the short videos.
4. When you are finished, please type your name for the certificate. Then take a picture of the certificate with your phone in case it doesn’t print properly. Then print 3 copies – one each for yourself, your co-op teacher, and your supervisor.
5. Hand in 2 copies to your co-op teacher and keep one for yourself.

On-Line WHMIS Training and Certification

1. Open your web browser and type <https://aixsafety.com>
2. Click on “Free WHMIS 2015 Training”
3. It should look like this

aixsafety.com

Health and Safety Training and Consulting



4. Scroll to the bottom and click on [Click to launch the updated WHMIS 2015 course.](#)
5. Complete the questions and type your name into the certificate (be sure to spell your name correctly 😊) Then take a picture of the certificate with your phone in case it doesn’t print properly.
6. Print your certificate – there are 3 ways to do this
 - a. Press “Control P”
 - b. Click on the settings button ⚙️ in the top right corner and choose print
 - c. Use the “Snip tool” to copy and paste to a Word document and then print
7. Show your certificate to your co-op teacher and put it in a safe place

